CELEBRATE BURNS NIGHT IN OURAY ON FEB. 2!

Mirror Staff Report
OURAY-The beloved Scottish poet Robert Burns left a vast body of work when he passed away at the youthful age of 37 in 1796. Along with Auld Lang Syne, Burns also left a tradition of celebration, in the form of the annual Burns Night Dinners that have taken place in his memory for more than 100 years.

Celebrate the Third Annual Burns Night at the Ouray Elks Lodge on Feb. 2, with a traditional roast beef dinner, and haggis, scotch tasting, and a Dance featuring the Celtic band Devil’s Dram. There will be bagpipes, event organizer John Lorimer said, “and obviously there’s going to be haggis.”

As a traditional Scottish Burns Night dinner and entertainment, “This

Continued pg 3

RE-1J BOARD MEETS OFFICERS, HEARS NORTHSIDE CLINIC UPDATE
Western Slope Youth Safety Symposium Announced for May 9

Caitlin Switzer
MONTROSE-After Montrose County RE-1J Board of Education District B Director Jacob Suppes invited local law enforcement officials to stop by the school board work session on Tuesday, Jan. 22, top command staff for both the Montrose Police Department and Montrose County Sheriff’s Office turned up to visit with RE-1J officials and staff.

Also at the work session, the school board approved acceptance of the audited financial statements for 2017 and 2018, approved Resolution 01-2019 adopting the amended budget, adopted a board statement of teacher displacement, approved a job

Continued pg 7
FURNITURE CONNECTION

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is a great event for southwestern Colorado," Lorimer said. “It will be a really interesting and fun evening, both for people with Scottish roots and for the general public. Scots throughout the world celebrate the birthday of their most famous countryman, the great poet Robert Burns, with an evening of food, music, and toasts. We’ll have a great roast beef dinner, live bagpiping, recitations of some of Burns’ most famous poetry, and a great Celtic band from New Mexico for music and dancing. There will be haggis, we’ll have several single-malt Scotches available for tasting, and more.”

Serving as Emcee for the evening will be Andy Carrie, an axe-throwing professional whose thick Scottish accent belies his 18 years in the United States. “I’ll be doing the address for the haggis,” said Carrie, who is known not only for his work at the Visitor Center in Ouray, but for his increasingly popular local business, The Highland Axe Company. The Highland Axe Company operates an axe throwing attraction beside the Rotary Park on Ouray’s north side. “It’s becoming very popular,” Carrie said of axe throwing, which was a longtime hobby before he decided to start his own business.

Come and celebrate Burns Night with Lorimer, Carrie, and the Ouray Elks on Feb. 2 and revel in an evening of Scottish fellowship second to none. Bar 5 p.m., dinner at 6 p.m., dance around 7:15 p.m.. $35 single, $60 couple, dance only $10/$15. Advance tickets recommended, John Lorimer 303-668-4598 or jlorimer@lornet.co.
CLASSIFIED/ EMPLOYMENT ADS FOR THE WEEK OF 01/28/19

GENERAL LABOR:
Our client is seeking a General Labor Workers for full and part-time job opportunities in Montrose, Delta and Gunnison. Hours and length of assignment vary. Apply today at expresspros.com/montroseco or call 970-249-5202.

Our client is seeking temporary workers for a few days for Customer Service, Restocking and Kitchen Help. If you want to earn a little extra money this may be the job for you. Salary is $11.10/hour. Must be able to pass a drug screen. Apply TODAY at expresspros.com/montroseco and call 970-249-5202 to schedule your interview.

CONSTRUCTION:
Our client is seeking an Experienced Construction/Laborers in Norwood, CO. The construction crew is adding workers for their Norwood Crew. They need ONE LEAD Carpenter w/Experience and 2 Carpenter helpers. One-Way drive time paid with salary at $17/hour. Must be able to lift 50 – 75lbs. Duties that will be involved, but not exclusive to Siding new building.

You must have steel toe boots, gloves, hard hat, and a vest. Some items MAY be available at site. Will have background and drug testing completed. Length of job varies. Apply today at expresspros.com/montroseco or call 970-249-5202.

Our client is seeking a Truss Builder. Hiring individuals physically fit and able to lift up to 50 pounds repetitively in a construction type environment. Must have at least 1 year experience. Pay is $11.10/hour and the hours are 6am - 4pm, Monday - Friday. Apply TODAY at expresspros.com/montroseco and call 970-249-5202 to schedule your interview.

SKILLED LABOR:
Our client is seeking Machinist/Finish Grinders to make the actual diamond tools that machinists use when machining. This is a full-time with permanent potential paying $16-$20/hr DOE. Types of machines potential candidate will be using: Mills, Lathes, Ewag, measuring devices and other manual grinding machines. Prefers at least 1 year of machine shop experience. Must be able to stand for long periods of time, and have good eyesight/able to look up-close at work all day.

Big company benefits, small company feel. Willing to relocate the right person! Apply today at expresspros.com/montroseco or call 970-249-5202.

MANAGEMENT:
Our client is seeking an experienced Project Manager for a full-time, long-term position. Hours are Monday-Friday 8:00 am-5:00 pm. Pay is $14-$18/hour depending on experience. The successful candidate will work with customers to accurately submit production orders, and assist with producing submittal packaging. Must have high school diploma or GED plus an associate’s degree or equivalent from two year college or technical school. Education can be substituted for three years related experience and/or training; or equivalent combination or education and experience. Microsoft Excel and Outlook skills are required, CAD experience helpful. Apply today at expresspros.com/montroseco or call 970-249-5202.
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RE-1J BOARD MEETS OFFICERS, HEARS NORTHSIDE CLINIC UPDATE

From pg 1

description for a culturally and linguistically diverse teacher, heard information on the upcoming Western Slope Youth Safety Symposium, and heard updates from Vista Charter School Principal Emily MacNiven and Northside Health Center Director Jennifer Suchon.

District G Director Stephen Bush was not present at the meeting.

ACTION ITEMS-FINANCE
Before addressing action items, RE-1J Finance Director Adam Rogers answered a question that had previously been asked by District F Director Phoebe Benziger.

“We purchased four vehicles this month,” Rogers said. “All four of them were purchased locally.”

Audited Financial Statements for 2017-2018 were unanimously accepted.

Rogers introduced Auditor Lisa Hemann of Grand Junction’s Chadwick, Steinkircher, Davis & Co, who presented the Financial Statements and Reports of Independent Certified Public Accountants in detail.

“I am here to provide an eagle’s eye view of the financial statement,” Hemann said, and noted that the auditor provided an unmodified opinion on the financial statements. Following the presentation, board questions, and discussion, Hemann thanked RE-1J staff for their role in the demanding audit process, which can take 300 to 400 hours to complete.

“We come in, and nobody is excited to see us,” she said. “We’re like the dentists of the financial world.”

The Board of Education also voted unanimously to approve Resolution 01-2019, adopting the amended budget.

ACTION ITEMS-ELL TEACHER DISPLACEMENT
There are program changes for the 2019-2020 school year that impact RE-1J’s English Language Learner (ELL) program, resulting in the “displacement” of 14 teachers. According to the statement, “Since 2014, the number of English Learners (ELs) has decreased by 398 students, but the number of staff has only decreased by one paraprofessional. In that same timeframe, the number of students reading significantly below grade level has increased by 591, and our elementary and middle schools have only received one literacy interventionist to meet this need.”

Changes include the following: Three additional Literacy Interventionists will be added across the district (one for each of the following schools: Northside Elementary, Olathe Elementary, and Centennial Middle School).

Six ELD teaching positions and 1.5 paraprofessional positions will be removed; all remaining ELD positions will be replaced with Culturally and Linguistically Diverse (CLD) Teachers.

Displaced teachers will have priority in the District’s hiring pool, RE-1J Human Resources Director Michelle Potterff said. “We will follow our master contract hiring process.”

RE-1J Director of Instructional Services Jessica Beller said that additional support is needed for students who read significantly below grade level.

The Statement of Teacher Displacement was adopted unanimously, as was a new job description for a culturally and linguistically diverse teacher. Superintendent Stephen Schiell said that the instruction for English Language Learners will be changed from a pull-out basis to in-class instruction.

“The only thing changing is the model for the way we deliver services,” Beller said.

DISCUSSION ITEMS-INTRODUCTIONS TO NEW LAW ENFORCEMENT OFFICIALS
A retired police officer himself, District B Director Jacob Suppes introduced command staff from the Montrose County Sheriff’s Office and Montrose Police Department to the board of education.

“I am surprised they all showed up,” he noted, and emphasized that law enforcement professionals have personal involvement with local schools, “All of these guys have had kids or stepkids go through the Montrose School system,” Suppes said.

“They have involvement in our school District and it’s important to know that.” He pointed out that several officers are also married to RE-1J teachers.

Board of Education Vice President Gail Johnson expressed thanks that Montrose is once again down to one 911 Call Center.

“I appreciate that we can see you as one group...thank you for parking cars outside
of our schools.”

Board of Education President Tom West also thanked the officers for coming. “We appreciate what you do...congratulations to the new guys.”

**WESTERN SLOPE YOUTH SAFETY SYMPOSIUM**

On May 9, the symposium, “Creating Safe Spaces for Our Youth,” will take place at the Montrose Pavilion from 8 a.m. to 4 p.m.

**VISTA CHARTER SCHOOL UPDATE**

Vista Charter School Principal Emily McNiven said that Vista is still in the phase of applying to the District for permission to continue as a charter school; Vista’s charter expires in June. “You have our application for renewal...it was submitted at the December board meeting.”

**NORTHSIDE HEALTH CLINIC UPDATE**

Northside Health Clinic Director Jennifer Suchon presented information on the school-based health clinic, which is funded through grants from the Colorado Department of Public Health and Environment (CDPHE). Northside Clinic provides primary and safety net care, in partnership with longtime local clinic Pediatric Associates. After 11.5 years at Northside Elementary School, Suchon said that the Northside clinic’s governing body has considered the possibility of a location more accessible to teens. The Northside Clinic served patients from age three to 12 in the beginning, but now sees more adolescents than any other age group. Formerly called the Northside Child Health Center, the word “child” was recently dropped from the name to potentially be more welcoming to adolescents, Suchon said.

“Are we located where we can best serve the kids of the district,” she asked, “or would a different location better serve?” A location closer to the high school would allow adolescents to access care more easily, she said.

The Mission of the Northside Health Clinic is to provide accessible, high-quality, integrated primary health care to children and qualifying adults in the Montrose and Olathe communities, by offering culturally competent services and health-related education and outreach.

Suchon invited Board of Education directors to visit the clinic at 528 North Uncompahgre for a tour. Clinic hours are from 7:45 a.m. to 4:30 p.m. Monday through Thursday, the phone number is 970-240-6438 and after hours the phones roll over to Pediatric Associates.

West thanked Suchon for presenting.

The next meeting of the board of education will Feb. 12.
OPINION/EDITORIAL: LETTERS

THANK YOU FOR PROTECTING BLACK CANYON OF THE GUNNISON NATIONAL PARK DURING FEDERAL SHUTDOWN

To the Editor:
The Friends of the Black Canyon of the Gunnison National Park would like to remind everyone that, despite the federal shutdown, Black Canyon of the Gunnison National Park is open, and the road is plowed to the visitor center. Pullouts and parking spaces are not cleared, which has caused some vehicles to park on the main park road. Please use extra caution driving the road and park in designated parking areas. The visitor center and campground are closed. Trails around the visitor center are being used for winter hikes but can be icy. Snowshoes or other traction spikes are advised. The South Rim Road has not been groomed but ski tracks are set, and the skiing and snowshoeing is good. Remember, other than law enforcement, park staff is not at work and it is up to you to care for the park. Please pack out all your trash and consider removing anything you see left by others. Obey posted park rules. Use sound judgement about your adventure because getting help is complicated, you must be self-reliant.

Enjoy our park, but please leave it at least as wonderful as you found it.

Most of all, if you know someone that works for the park or for Curecanti National Recreation Area (our sister park), check in with them and give them encouragement that we all love our park and are protecting it together.

The Friends of the Black Canyon of the Gunnison National Park is a nonprofit partner with the national park. Through memberships and fundraising, we provide financial, volunteer, and other support to the park for projects, special events, and community outreach.

Joel Evans, Montrose
Chair, Friends of the Black Canyon of the Gunnison National Park
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CASA WELCOMES VOLUNTEERS WHO CARE ABOUT KIDS

By Caitlin Switzer
MONTROSE—There’s plenty that’s new for CASA of the 7th Judicial District, a local non-profit that works with at-risk children and youth. CASA’s Dancing with the Stars fundraising event returns to Montrose on March 2; a new Youth Access Center at Northwest Second and Townsend Avenue has been completed and staffed; and the first set of four units are opening at CASA’s 1st Place on Second Street micro-housing project for youth emancipating from foster care.

Still something of a work in progress, the Youth Access Center is spacious, with plenty of light and a safe environment for CASA youth, volunteers and staff. The idea is to create an atmosphere in which young people feel comfortable, with caring adults and access to important resources.

“This is a safe space,” CASA Case Manager Lauren Cook said.

1st Place on Second Street Natalie Jones, who arrived at CASA in 2017 as an AmeriCorps VISTA volunteer, is packing boxes to move in this week. Jones will live on site at 1st Place on Second Street as a “good neighbor,” serving as a liaison between the young adults living at the project and CASA of the 7th Judicial District.

With all of the excitement over CASA’s growth, there’s also still plenty of need, especially for donations of the “human” kind.

“We could really use volunteers,” CASA Board member Twyla Righter said. “There are kids, right here and right now, who need help.”

Volunteers can become Court Appointed Special Advocates, service that is essential to CASA’s mission. As such, the trained volunteers advocate for abused and neglected children who have been removed from their homes and who find themselves in the courts and child welfare system through no fault of their own.

“Our volunteers are subjected to a rigorous background check and interview process,” the CASA of the 7th Judicial District website states.

“After extensive training and under the direction of the presiding judge, CASA volunteers participate as independent child advocates.”

CASA also provides Supervised Exchange and Parenting Time (SEPT) services, allowing children to visit safely with non-custodial parents. According to the web site, the SEPT program provides more than 900 visits a year in support of individual safety, accountability, and healthy relationships between children and their parents in conflicted custody or domestic violence cases.

A third program under the CASA umbrella is Fostering Futures, which supports young adults as they age out of foster care.

CASA makes an effort to place volunteers where they can have an impact, with the goal of making life better for a young person in need.

“I know there are more people in Montrose who have a heart for foster kids,” Righter said. “Just come on over, and we can find a place for you.

“You can help a kid, and see them through a dark season,” she said. “We need more people doing that.”

Righter compared the life of a child trying to grow up without traditional family support to building a home on a foundation of threads.

“Just one more thread, one more person in your life,” Righter said, “and you start to have stability that you can build from.”

Standing up for kids at the CASA Youth Access Center: left to right, staffer Karin Slater, board member Twyla Righter, and staffers Mariah Emond, Natalie Jones and Lauren Cook.
PORTION OF MIAMI ROAD WILL CLOSE FOR WATERLINE WORK

Special to the Mirror
MONTROSE — Contractors working for the City of Montrose will close Miami Road to through traffic at the 6800 block starting Tuesday, Jan. 29, to allow for the installation of a new 24-inch waterline. Miami Road will be open to local traffic approaching from each side of the 6800 block, but traffic will not be able to pass through the work area due to equipment and trenches across the roadway. The closure is expected to last up to two weeks.

The City asks motorists and pedestrians to please exercise caution throughout the work area and to please respect all coned off areas. Any questions regarding the project may be directed to City Engineer Scott Murphy at 970.901.1792.

BIG-GAME HUNTING MEETING IN MONTROSE, FEB. 6

Special to the Mirror
MONTROSE— Colorado Parks and Wildlife invites hunters and anglers to give their ideas and opinions about wildlife issues and the new big game season structure at a meeting, 6-8:30 p.m., Feb. 6 at the Delta-Montrose Electric Association building, 11925 6300 Road in Montrose.

In the first part of the meeting, local wildlife managers will give an overview of wildlife related issues. The remainder of the meeting will include a presentation and discussion of the big game season structure. Every five years CPW evaluates all big-game hunting seasons and asks hunters for their opinions on if changes are needed. The new structure will be in effect for the 2020-2024 seasons.

The meeting is also part of the ongoing statewide "Sportsmen's Roundtable" process set up by CPW to assure that hunters, anglers and everyone who cares about wildlife can provide input and discuss issues with leaders of the agency.

Wildlife managers will explain the process of evaluating the big-game seasons and how the seasons are currently arranged. A brief survey will be conducted at the meeting, so participants are asked to bring their smart phones.

Hunters are also asked to complete an on-line survey that is being used to gather information: https://www.research.net/r/8MQNS3F. The deadline to make comments on the big game season structure is Feb. 11.

For more information, call Joe Lewandowski at 970-375-6708; or by e-mail at joe.lewandowski@state.co.us.
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COLORADO NEWS BRIEFS

SECRETARY GRISWOLD RELEASES THE FINAL BUSINESS REPORT OF 2018

Colorado Secretary of State
DENVER—Colorado’s economy continues to lead among other states’ nationally, according to a business report released last week by Secretary of State Jena Griswold.

New business entity filings grew increased by 5.1 percent in the fourth quarter of 2018. Over the final quarter of 2018, 28,473 new businesses filed with the Secretary of State’s office, and there were 134,220 business renewals. These represent slight decreases compared to the previous quarter but were consistent with the seasonal pattern.

The Business Research Division at the University of Colorado Boulder publishes the report using data from the Secretary of State’s central business registry. The report looks at a variety of factors, such as energy costs, the labor market, and inflation.

“I am excited to continue this important partnership with the University of Colorado Leeds School of Business to provide Colorado’s business community with information that will help them succeed,” Griswold said. “Despite some uncertainty at the national level, the data shows Coloradans continue to open new businesses. I am optimistic that this, along with the projected increase in employment, indicates that Colorado will have steady economic growth in 2019.”

The quarterly business and economic indicators report predicts continued employment growth into the first and second quarters of 2019. Initial and continuing jobless claims in Colorado increased over the quarter, but still marked an improvement year-over-year. In November 2018, Colorado added 69,100 jobs when compared year-over-year, a growth of 2.6 percent.

Data from the Bureau of Labor Statistics shows that average Colorado wages increased by 5.3 percent compared to 4.1 percent nationally. Average wages in Colorado were $57,858 compared to the national average of $56,374.

According to Richard Wobbekind, Executive Director of the Business Research Division, “Data from the prior four quarters about new entity filings and existing entity renewals indicate continued growth in Colorado’s labor market in 2019.”

Colorado’s labor force participation continues to climb and remains a leader nationwide. At 69.1 percent, participation rated third in the country and six percentage points higher than the national rate. The state’s economy continues to record strong growth in employment, personal income, wages, and GDP.

However, business leaders expressed a bearish tone looking ahead two quarters. They were decidedly negative about the national economy but remained slightly positive about the state economy, industry sales, profits, hiring, and capital expenditures.
MIRROR IMAGES...HEART HEALTH SCREENINGS

COMMUNITY HEALTH OUTREACH @ WORK

Mirror staff report

MONTROSE-Bilingual Community Health Worker Darlene Mora, right, provides a health screening to Sylvia Quintana at the Montrose Regional Library last week. For a free heart health screening, call for an appointment, 970-708-4719, or email chw-olathe@tchnetwork.org.
OPINION/EDITORIAL: LETTERS

ENGAGED CITIZEN SHARES CONCERNS OVER COLORADO HB 19-1032

Editor:
Thank you Mr. Bennett for your letter concerning Colorado House Bill 19-1032. You have made valid points but most importantly this reader was reminded that our government is just that, OUR GOVERNMENT. We must be informed, proactive and maintain control. All areas of government are readily available to each of us via the internet. From local, state and federal websites we can at any moment view proposed ordinances, legislation, ascertain contact information for public officials and of members sponsoring bills, and contact them directly with our input. We should all bookmark those websites and check them more regularly than our Facebook accounts. Across party lines we have a voice, I have expressed myself directly to one of the sponsors of this bill and will be contacting the other sponsors as well. (see letter below) You certainly got this reader off the couch and engaged.

ATTACHMENT

Senators, Congressmen and Congresswomen:
As indicated in the subject line, I am writing to you today concerning House Bill 19-1032. I have read and re-read this bill and have several concerns.

While I understand the underlying basis for this bill and realize that you are attempting to mandate protections for our youth, this bill is NOT comprehensive nor do I believe it is the responsibility of the public schools to be responsible for this instruction just as I feel religious education has no place in the public schools. We must be cautious in forcing mandates on personal preferences.

Cambridge University Press defines comprehensive as: Complete and including everything that is necessary. Nothing in this bill is comprehensive nor inclusive. Quite simply you have left out the heterosexual community. Is it not as important to comprehensively teach ALL aspects of human sexuality? There is more to a heterosexual than simply biology and perhaps ALL groups you are attempting to include in this legislation must be addressed so that ALL groups may feel healthy in relationships.

Your Section 2.(2)(f):
"...It also teaches youth about the different relationship models they and their peers may engage in, including lesbian, gay, bisexual, and transgender peers, and how to be a safe and healthy partner in a relationship."

This section leaves out the term heterosexual. Without that group being included in this "comprehensive" education are you not fostering insecurities within the heterosexual community and lack of education for the LGBT community? You have left out one of the "different relationship models" which is also in conflict with your Section 2.(2)(g):
"...teaching self-acceptance and respect...."

By leaving out the heterosexual group you are also in conflict with Section 2.(3)(d) "...integration of knowledge..." and in Sub Section (3)(III)(g), "...inclusive of all youth..." is not at all reflected in this bill.

There are may inconsistencies and contradictions in this bill as well as a request for funding and creation of yet another committee that given our Governor’s rather hefty list of education changes may be premature at this point. There are many needs in our state and funding must be prioritized.

I thank you for your time. I will be sending a copy of this letter to our local press so that perhaps more of our community may provide input.

Becky Wolford, Montrose
ALPINE BANK’S GREEN INITIATIVE RECERTIFIED

Special to the Mirror
GLENWOOD SPRINGS-Alpine Bank has retained the rigorous international environmental registration it first earned in 2006 and has maintained ever since. An independent surveillance audit by KPMG, an internationally accredited ISO auditor, found that the bank was in full conformance with the requirements of the ISO 14001 standard and accordingly continued Alpine Bank’s certification for another year. “We’re proud to be the only U.S.-based financial institution certified to the stringent ISO 14001 standard, and we’re even more proud that we achieved this designation through the ongoing efforts of Alpine Bank’s Green Team, which began as a grassroots effort by employees to protect our environment in 2003 and now involves everyone who works for the bank,” said Alpine Bank founder and Chairman Bob Young.

KPMG reviewed Alpine Bank’s environmental management system and plan as part of the ongoing certification process, confirming conformance with ISO requirements. KPMG also conducted site visits to seven bank facilities as part of its evaluation.

The ISO standard challenges the bank to make continuous improvements in environmental practices, according to Green Team Chair David Miller. “This translates into increased clean energy use, greater energy conservation, enhanced recycling and use of green cleaning products at Alpine Bank, all of which help protect our Colorado lifestyle and save money,” he said.
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OPINION/EDITORIAL: LETTERS

GREATER KNOWLEDGE BRINGS LESS HATRED, LESS BIGOTRY, LESS BULLYING

Editor:
This letter is in response to the opinion expressed by William H. Bennett in his letter to State Senator Don Coram.

Mr. Bennett,

I was able to finally get through your letter to Don Coram once I was able to get my gag reflex under control. Rarely have I read a more hate filled and ignorant statement. Had Mr. Coram sought out the opinion of his constituents, as you suggested, I am doubtful that there would have been a majority that would agree with your bigoted and poorly thought out statements. Now, to get to the heart of the matter. Reproduction would not happen without pleasure. If this is confusing to you I am sure you can find details through your local elementary/middle/high school biology teacher. To say that male and female genitalia exist for only one purpose is naive. Reproduction is the oh so banal and obvious function. Trust me, they exist for many other reasons than simple reproductions. Pleasure that words are abhorrent, and your beliefs are not something that is done to gain attention, and it is most certainly not a phase. If you believe this then I ask you Mr. Bennett, where were you when you consciously decided to be a heterosexual?

You speak of the consequences of a gay lifestyle. You of course did not provide any clarification to your blanket statement so I will provide you with what I have experiences with gay and lesbian couples. I have had the privilege of experiencing amazing families who raise stable and high functioning children. I have experienced love and support between two individuals that would put many “straight” marriages to shame. I have experienced brilliant, wonderful, and kind individuals who simply want to live their best lives, love who they want, and be parents to children who will one day be productive members of society. Not once have I ever experienced anything approaching being abominable.

I want this type of education in our schools. It will lead to less confusion, more openness, and will provide a broader understanding of individuals who are different than ourselves. With greater knowledge comes less hatred, less bigotry, and certainly less bullying. I am proud to stand against every word you wrote and every belief you have. I will never be silent against those who attempt to use sexuality and those in the LGBT community as pawns in their own sick and twisted outlook on life. Should ever decide to come out from behind your computer screen I would welcome a discussion of this topic in person. Perhaps over coffee or another sort of beverage you find to be appropriate.

Rob Brethouwer, Montrose
Montrose Regional Crime Stoppers Alert

Help Reel in Walmart Fishing Pole Thief

Crime Stoppers Courtesy photo.

Special to the Mirror

MONTROSE-Montrose Regional Crime Stoppers, Inc. and the Montrose Police Department are seeking the help of citizens to identify and locate the suspect(s) who committed a theft from Walmart at 16750 S. Townsend in Montrose.

On Thursday, January 10, 2019, at 4:30 p.m., a male with facial hair selected a fishing pole from a display at Walmart and left the store with the pole without paying for it. Clear video of the suspect was captured on store surveillance.

Anyone with information about this crime or the identity of the perpetrator(s) or any other crimes may call Crime Stoppers anonymously at 970-249-8500, use the mobile app P3 Tips, or provide information via P3tips.com. Crime Stoppers wants your information, not your identity. If the Tip results in an arrest, the Tipster may receive a cash award. For additional information, please view our Facebook page, www.facebook.com/montroseregionalcrimestoppers. Crime prevention and crime solution are everyone’s responsibility.
REGIONAL NEWS BRIEFS

SPECIAL OLYMPICS TEAM VS. LAW ENFORCEMENT BASKETBALL GAME FEB. 2

Special to Art & Sol
MONTROSE – On Feb. 2nd from 1 - 4 P.M, Montrose Law Enforcement will play a basketball game against the MCSD Special Olympic team. All proceeds will go to the Special Olympics program and a Food Drive for Sharing Ministries. Donations will also be accepted. In addition, the Special Education students in the MCSD Step Up to Life Program, ages 18-21, have been involved in a computer refurbish project. Computers are donated to the school and students participate in hands-on experience refurbishing the used equipment. Students have restored 16 computers for a silent auction benefit where all proceeds will go towards the Special Olympics program.

Please contact Dawn Olert at 970-240-6479 for additional information on the program and event.
REGIONAL NEWS BRIEFS

MONTROSE-BASED SOM FOOTWEAR KEEPS FOCUS ON THE FEET

Special to the Mirror
MONTROSE-Montrose-based SOM Footwear is making 2019 the Year Of The Foot. Known for their made-in-the-U.S.A, vegan, barefoot-inspired shoes, SOM is working to help educate people in the New Year on taking care of their feet.

Most modern shoes are designed for a specific purpose: running; hiking; dancing; etc. The design elements of those shoes lift, squeeze and alter the position of your foot compared to walking barefoot. As our feet evolved without the aid of shoes, the “new” position forced upon our feet by these shoes places undue stress on our muscles, tendons and joints, ultimately leading to injuries, chronic conditions, and pain.

All of SOM’s shoes have four key design elements that work to allow our feet to function as they should, while protecting our feet from the outside elements.

- Wide toebox: Allows your toes to spread out, improving your balance and your posture.
- Zero drop: This means the height of the heel is the same as the toe. By not elevating the heel or toes artificially, SOM’s shoes reduce stress on leg muscles, joints and lower back.
- Flexibility: Our feet are designed to flex. Stiff shoes weaken the feet over time, which can lead to injuries. All of SOM’s shoes are very flexible, strengthening your feet with each step.
- Light weight: Heavy shoes cause detrimental changes in gait and put extra stress on joints and muscles. All of SOM’s shoes are lightweight to reduce excess strain on the body.

SOM Footwear’s CEO, chief designer and shoemaker, Olie loves to say: “If your feet are not happy, you are not happy.” It was Olie’s personal experience with back pain that led him to tap into his engineering background and design a shoe that would reverse and prevent the problems he was experiencing. Due to his own design, Olie is now pain-free.

It is a story that is often repeated by SOM customers. Josh from Virginia, who recently discovered SOM shoes, had this to say about his four months old SOMs: “I have had knee pain for a majority of my life. Something that I did not expect was when I switched to these shoes my knees would stop hurting. I honestly thought it was a fluke so I switched back to my other shoes for a week and I noticed my knees would hurt again. It has to be the shoes that are helping me.”

According to a study conducted by the American Podiatric Medical Association, half of all adults state that foot pain has restricted their activity, while 83 percent of those with chronic foot pain report having to alter their activities and plans.

Not taking care of your feet can have a negative impact on your health and your way of life.

Follow SOM Footwear (www.somfootwear.com ) as they will provide you with information on how you can prevent your feet from adversely affecting your health and lifestyle. Or, stop by and say hello!

SOM’s factory and Outlet Store is open Monday-Thursday from 9am to 5pm at 1006 N. Cascade Ave.

Support a local company while taking care of your feet.
CONOCE TUS NÚMEROS

Examen de Salud del Corazón
(siempre gratis y siempre confidencial)

Un pequeño pinchazo en el dedo y algunas preguntas de salud:

Colesterol total
HDL = Este es el colesterol “bueno”
LDL = Este es el colesterol “malo”
Triglicéridos
Glucosa en la sangre
Examen para la diabetes
Plan de acción para mejorar su salud

LLAME PARA HACER UNA CITA HOY

Darlene Mora, Trabajadora de salud comunitaria bilingüe
970.708.4719 • chw-olathe@tchnetwork.org

Tri-County Health Network
OPINION/EDITORIAL: LETTERS

HB19 1032 REPRESENTS A PURELY POLITICAL AGENDA

Editor:
There is a very alarming bill proposed called HB19 1032 designed to promote the LGBTQ agenda in our Colorado schools. "It teaches youth about the different relationship models they and their peers may engage in, including lesbian, gay, bisexual, and transgender..." It specifically "prohibits instruction from explicitly or implicitly teaching or endorsing religious ideology". Abortion is to be presented as a possible option for a pregnancy, if adoption or parenting are presented as options.
It is promoted as an anti-bullying measure. I agree that no one should be bullied, whether or not I agree with their lifestyle or not. But to promote these to our children as healthy lifestyles is a completely different matter. This is using the government as a bully to brainwash our children, and no objections or discussion is allowed. It reminds me of how Hitler took over the education of the children to promote his agenda, and no objections were tolerated. Parents' rights to opt out of this indoctrination are very limited.
This agenda is not based on research. There is much statistical research that shows that the results of these alternate lifestyles to be damaging. This is purely a political agenda.
This bill is being considered soon. Please contact the sponsors to give them your input. They are don.coram.senate@state.co.us; susan.lontine.house@state.co.us; and nancy.todd.senate@state.co.us.
Sandy Anderson, Montrose

REGIONAL NEWS BRIEFS

MONTROSE HIGH SCHOOL DIVISION AWARD WINNERS FOR JANUARY

Left to Right: Raul Martinez, Wyatt Brant, Caitlin Ogoe, Miranda Ceniceros, Jorge Nunez-Gonzalez, Shayla Logan, Anna Ensor, Yesenia Faudoa-Garcia, Kennedy Tate and Kaitlynn Booth.

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Tri-County Health Network
Dear Editor:

To say that I am shocked to discover that Republican Senator Don Coram is listed as a prime sponsor of HB19-1032, A Bill for an Act concerning “Comprehensive Human Sexuality Education” is an understatement. I first learned of the house bill and Coram’s sponsorship from other concerned republican citizens who voted for Coram in the last election. I immediately visited the Colorado General Assembly website for clarification, https://leg.colorado.gov/bills/hb19-1032. The summary states that the bill was introduced January 4, 2019, with a subject line pertaining to Education & School Finance (Pre & K-12). The bill is “under consideration” by the House Health & Insurance Committee scheduled for Wednesday, January 30, 2019, at 1:30pm.

The bill summary is pretty clear in its intent...

The bill moves provisions of the statutory legislative declaration to a nonstatutory legislative declaration. The bill clarifies content requirements for public schools that offer comprehensive human sexuality education and prohibits instruction from explicitly or implicitly teaching or endorsing religious ideology or sectarian tenets or doctrines, using shame-based or stigmatizing language or instructional tools, employing gender norms or gender stereotypes, or excluding the relational or sexual experiences of lesbian, gay, bisexual, or transgender individuals. Current law provides for a comprehensive human sexuality education grant program. The bill amends certain provisions of the grant program to:

- Require the department of public health and environment to submit an annual report concerning the outcomes of the grant program indefinitely;
- Add 8 representatives to the oversight entity and require membership of the oversight entity to be comprised of at least 7 members who are members of groups of people who have been or might be discriminated against;
- Require grant applicants to demonstrate a need for money to implement comprehensive human sexuality education; and
- Require that rural public schools or public schools that do not currently offer comprehensive human sexuality education receive priority when selecting grant applicants.

The bill provides a general appropriation of at least $1 million annually for the grant program.

The bill prohibits the state board of education from waiving the content requirements for any public school that provides comprehensive human sexuality education.

I read the bill in full and as well as modifying much of the previous legislation pertaining to sexuality education, there are many other concerns that emerge of which I will only address a few here.

First, the bill sets its aim directly at conservatives by prohibiting “explicitly or implicitly teaching or endorsing religious ideology or sectarian tenets” which again targets a conservative Republican who would uphold traditional party platform and values. I did not anticipate being blindsided by his sponsoring a bill which would specifically attack those values, my values. While I am not supportive of a state taxpayer-funded education system teaching sexuality to pre-teen and teen aged students, it is egregious to further extend the governments hands to the impressionable minds and bodies of Pre & K-3 children; that is never “age-appropriate”.

Finally, I am outraged that my values as a conservative Republican would be attacked in favor of and to the special interest of the LGBT community.

I have lived and conducted business in this community by a “live and let live” ideology. I also have reserved the right to do business with people who respect me rather than those who don’t. I frequent many businesses in this town to be supportive of other small-town business owners not caring about the owners/managers sexual preferences or orientations.

But when state government through local school districts force me to support one-sided legislation, I must disagree and do so vocally.

Take a stand or others will stand on you!

Yvonne Meek, Montrose

Because your voice carries a lot of weight.

montrosemirror.com
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Judge: Rafael Jesús González, Berkeley Poet Laureate

www.tellurideinstitute.org/fischer-prize
OURAY COUNTY PERFORMING ARTS GUILD HOSTS AFTERNOON SALON WITH JAN GARRETT AND JD MARTIN IN CONCERT

Special to Art & Sol
OURAY-The Ouray County Performing Arts Guild begins their 2019 season with an Afternoon Salon on Sunday, Feb. 10 at 2 p.m. featuring Jan Garrett and JD Martin as they present their “Heart of Harmony” concert.

The performance will be performed in a private home in Montrose and following the concert will be a light appetizer social.

The duo is multi-award-winning singer songwriters who live and create their music in the mountains of Colorado near Aspen. Harmony is an on-going practice for this married couple who are also artistic collaborators and business partners for the past 24 years.

Stylistically their primarily piano-based music winds through pop and gospel, jazz, folk, soul and country.....but it’s the rich vocal harmonies, lyrical depth, and their comfortably compelling stage presence that define their magnetic appeal.

Their music is rich and intelligent, and as satisfying to the soul as it is to the ear, songs to open the heart and refresh the spirit.

Garrett is a jazz singer with a poet’s soul, a masterful teacher, performance coach, wilderness vision quester and (yes) Certified laughing Instructor who has toured with Steve Martin and John Denver, and has appeared on the Tonight Show and in Rolling Stone.

Martin has written five Number One, and 10 Top Ten, country and pop hit singles, and his songs have been recorded by such luminaries as Reba McEntire, Terri Clark, B.J. Thomas, Peter Cetera and Kathy Mattea.

Together Garrett and Martin have written and recorded nine albums of original music and have won multiple awards at the Positive Music Awards for many years running.

Their album, “Already Home,” was awarded the “Seal of Excellence” by the Positive Music Association.

They are releasing their newest album, “Better Angels” in early February, and the title for this album is from Abraham Lincoln’s first inaugural address in 1861. The Feb. 10 concert will feature strong and inspiring songs from this new album, along with other previous album favorites focusing on different aspects of love.

Tickets are $40 and must be purchased in advance through the OCPAG website at www.ocpag.org. Directions to the Salon will be sent once tickets have been purchased. The Ouray County Performing Arts Guild is a not-for-profit organization bringing quality events in music, dance, theater and other genres to the local area.

Its purpose is to sponsor presentations and performers of the highest caliber in the performing arts for the enjoyment of Ouray County’s residents and visitors.
COMMUNITY NEWS BRIEFS

2019 TELLURIDE MUSHROOM FEST SET FOR AUG. 15-18, ASHLEY SMITH HIRED TO MANAGE FESTIVAL

Special to Art & Sol

TELLURIDE – The Telluride Institute is happy to announce that Ashley Smith has been hired as the new Festival Manager for the 2019 Telluride Mushroom Festival, set for Aug. 15-18.

After ten plus years of dedication to outdoor education with the non-profit Telluride Academy, Smith has formed her own non-profit consulting business, Sage Advice.

Under that aegis, she joins the Mushroom management team with Britt Bunyard as Festival Director and Art Goodtimes as Festival Coordinator.

“After spending the last decade with Telluride Academy in different roles from field instructor to grant writer to program director, I feel excited to dive back into the world of logistics and planning minutiae that I got so used to,” said Smith. “As a science major, I look forward to being involved with the efforts of the Telluride Institute and Telluride Mushroom Festival to host the five-day summer event showcasing the latest in groundbreaking scientific studies regarding the many uses of fungi, particularly their medical and environmental remediation applications.”

Originally from the Sunshine State, Smith explained that the best mycological moment for her husband Nate and their two dogs “is every August when my family comes to visit from Florida and we get a chance to take them foraging for chanterelles, so we can make our favorite pasta dish -- forest to table at its best!”

She will be working to apply her organizational, design, and operational skills to the planning and production of the event this year.

“The Telluride Mushroom Festival is the largest wild mushroom festival in North America,” said Director Bunyard, publisher of the mycological journal Fungi and a nationally-known mycologist. “We annually have an unequaled lineup of presenters and experts from the mycological community. Ashley’s skill set and terrific energy will bolster our fantastic organizational team.”

A graduate of St. Petersburg College, Smith has worked in Telluride as program coordinator for Eco Adventures, Sales and Marketing Coordinator for the Telluride Ski & Golf Co., Development Director for the Telluride Mountain Club, prior to her long-term involvement with the Telluride Academy.

“We are delighted to have someone with Ashley’s local professional background to help the festival as it continues to grow and expand its national and international reach,” said Goodtimes, who has been with the Mushroom Festival in various capacities for the past 38 years.

HEAR LIBRARY VOICES: RONALD COOPER FEB. 5

Special to Art & Sol

MONTROSE - Author Ronald R. Cooper will be at the Montrose Regional Library on Tuesday, Feb. 5, from 7-8:30 p.m. for a photo presentation and book signing. Mr. Cooper spent years researching the Trail of Tears, and in the winter of 2011, walked the length of the Northern Route as closely as he could to the original path. He is the first person to travel this route in modern times. His book, It’s My Trail, Too: A Comanche Indian’s Journey on the Cherokee Trail of Tears, chronicles that trek. Mr. Cooper took thousands of photos of his journey and will be sharing the best of them during his presentation. If you are interested in Native American and American history, long distance hiking, small town trivia, and thoughts of a Native American in the 21st century, you will not want to miss it!
READER PHOTO SPOTLIGHT: DEB AND GENE REIMANN

At left, dramatic cloud formations above the Cimarrons after a first snowfall. Photo by Deb Reimann.

At right, Deb’s husband Gene Reimann snapped this photo of commanding Locomotive 278, tender, boxcar and caboose perched on the trestle at the mouth of Cimarron Creek. “They stand as a now silent testament to the history of the narrow gauge railroad in the Black Canyon,” she said.

Below, several Bald and Golden Eagles and ravens congregating near Spring Creek. Photo by Deb Reimann.
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COMMUNITY NEWS BRIEFS

FRIENDS OF UTE INDIAN MUSEUM TO HOLD FIRST MEETING FEB. 2, ALL WELCOME

Special to Art & Sol
MONTROSE-The first community meeting and membership drive for the new Friends of the Ute Indian Museum is happening on Saturday, Feb. 2nd, from 11:30 am to 1:30 pm with the theme “Let’s Celebrate the Museum.”

“Everyone is invited to come to the museum for a family chili potluck lunch. Just make your favorite chili to share and bring your bowls and spoons. The museum is providing shredded buffalo meat to accompany the meal,” said Arlyn Macdonald, newly elected president of the board of directors. “Brownies are also welcome,” she said, “and drinks will be provided.”

This is the first community meeting of the new Friends group. “With the remodel of the museum and the growing importance of our local museum, it is time to revitalize the Friends. This is an entirely new nonprofit support group. “A Friends group is an important part of community support for a museum,” McDonald said. “We can support the museum through fundraising, sponsoring special programs, raising awareness about the Ute culture and other cultures in our community, and helping with educational programs for both adults and children.”

The board of directors has been working for the last several months to file the necessary legal documents for nonprofit status with both the state and federal governments. Because the new Friends is supported by memberships and donations, all annual memberships will have free entry to the museum for a year for the families and discounts at the museum gift shop and for museum-sponsored classes. There will be membership forms available at this first meeting and available at the museum during regular visitor hours.

During this meeting, Museum Director C.J. Brafford will give a short presentation at 12:30 p.m. on the history of the museum and a special photo display of the building from its beginning to the modern remodel will be on display. She will also talk about upcoming future projects the Friends can support such as establishing a native plant garden in Ute Indian Park, a special Honor Animals day at the museum, and more.

The new board of directors includes Wayne Quade, Susan Kienholz, LuAnne Tyrrell, Sally Sprang, Marsha Norton, Pat Andrews, and Arlyn Macdonald. The board is hosting this event and invites everyone who is interested in supporting the museum to attend. Admission to the museum is free for all those attending this first community meeting.

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SMITHSONIAN ... It’s easy -- even as far away from the widening gyres of the Center as we are, on the Inner Basin West’s eastern fringe -- to get caught up in the hyenas of the moment. Abortion. Judicial appointments. Immigration ... To find ourselves worried about the changing sidewalk demographics of the neighborhood. New faces. Different language. Hard labor job crews. Government wanting to build fences. Leaders spewing insults. ... It’s easy to start scape-goating the Other ... Of course, our Christian teachings are supposed to help us in this respect, but sometimes fundamentalists seem to turn every gray to black & white. Some of the most anti-immigrant European democracies have turned almost religiously nationalist and exclusionist ... That’s why the story the Smithsonian tells of a mountain village in France that has a tradition of welcoming immigrants and settling refugees for more than 400 years is so important. Le Chambon-sur-Lignon in France’s south-central Haute-Loire region. It was here Protestants found 16th Century refuge from Catholic persecution, WWII Jews from German Nazis, fleeing Kosovos, Chechnyans, Congoleses ... It’s not a huge thing. One town the size of Ouray. Adopting a few dozen families. Working across generations to make their home a more-inclusive place. But it is a huge thing. A very beautiful, Christian huge thing.

ROLLER COASTER CURE ... No, it’s not for headaches. Roller Coaster rides usually give me one. Nor for nausea, which it can easily induce. They appear to be a cure for passing kidney stones ... According to two researchers from Michigan State University’s College of Osteopathic Medicine, using a surrogate 3-D printing of the stones on a back-pack-sized plastic kidney replica, they found almost two-thirds of the 3-D stones passed though the replica’s urinary tract when the pair rode at the tail of the coaster. “It seems that shaking, twisting and diving from on high could help small stones dislodge themselves from the kidney’s inner maze of tubules,” said Science News.

WRONG AGAIN ... How many times since the Reagan era have I had to listen to election politicos swearing tax cuts pay for themselves. But they don’t. We taxpayers are the ones who pay. The Republicans do it over and over, and citizens believe them ... Take this latest tax cut the Republicans unleashed on us. Yes, the economy grew by almost 3 percent in 2018 [C.E.], but federal tax revenues fell by 2.7 percent. Yet once again, after a profligate Republican administration, our deficit is on track to break the $1 trillion mark.

WOODEN CHEST ... It’s like our duly-elected pluto-bully who’s been leading the industry’s raid of the public treasury has overdosed on meth, and we’re having to figure out how to save him from himself before the whole nation goes into wooden chest.

NUMBERS ... I read about science, micro and macro, so I’m always running into new mathematical terms. But this one had me stumped: “four inverse femtobarns of data” ... It’s what CERN’s Large Hadron Collider in Switzerland produced last year watching 400 trillion proton-proton collisions.

MORALITY TALE ... I was a sucker for fairy tales and morality tales when I was a kiddo, learning everything I knew from books, pre-wikipedia. Puss & Boots. Three Little Pigs. Cinderella ... Now, as a former Californian watching the missteps and retribution befalling Pacific Gas & Electric one can’t help but shake one’s head. You could see it coming. Bad decisions. At risk infrastructure. Huge corporate payouts. Having to go bankrupt after another fire season of catastrophic liability ... But the real moral here is very targeted. It’s to Colorado’s own cooperative electric company: Tri-State Generation and Transmission. San Miguel County fought them over the under-grounding of powerlines though some of our most flammable forest mesas. Tri-State refused to even deign to consider the off-set savings in catastrophic

Continued next pg
liability from putting their generation lines into the ground.

A savings that could prevent Tri-State from having to declare bankruptcy should an errant powerline of theirs cause a catastrophic fire in Colorado one day in the future.

**RELATIONSHIPS**… This era of social media friending has brought us face-to-face with the reality of how many relationships at a time can we reasonably maintain.

As the September 2018 [C.E.] issue of *Scientific American* pointed out, “Study after study confirms that most people have about five intimate friends, 15 close friends, 50 general friends and 150 acquaintances” – a threshold imposed by brain size and chemistry … Except, of course, in my case -- and my 5000 Facebook friends.

**THE TALKING GOURD**

**Still**

In Rainbow old age
the newsome place a curious
   toe finds itself

Seems the bellbottom
   semelparity of the Sixties
hides its radioactive flair
   in see-through pools

In an uptight overheated
   millennium of
uncool

But I can’t stop
   tasting the waters
testing for shark

Yes I will swallow fire
   Kiss karma’s ruby lips

    Still
McRedeye sez
   I miss hip’s chill

News, if unreported, has no impact.
It might as well have not happened at all.

*Thank you for reading The Montrose Mirror.*
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SAVING THE DATE! UPCOMING REGIONAL EVENTS

CURRENT/ONGOING-
YOGA HOUSE-Yoga House has added HIIT Yoga on Wednesday’s at 5:45p AND Hot Yoga and is held on Fridays @ 4:30p.m. and Saturday’s at 10a.m.; Yoga House is holding 75-minute Inversion Workshops every Sunday in January at 9:45a.m. SUP (Stand up paddle board) Yoga is Held at Montrose Rec Ctr
$25/class, Held the Following Thursday’s at 7p.m.
Dec. 20; Jan. 10 & 17; Feb. 7 & 21; March 7 & 21.
For more info on classes and workshops: ColoradoYogaHouse.com

MONTROSE FARMERS MARKET WINTER MARKET will be open the following Saturdays 10am-1pm. Beginning Jan. 5, 2019, open every other Saturday through April 27, 2019. We are located at Centennial Plaza - Indoor Market in the Centennial Meeting Room, 421 S. 1st Street, Building #1.

ALPINE PHOTOGRAPHY CLUB MEETING- There will be no meeting in December; regular meetings resume in January of 2019, on the second Tuesday of the month, @ 7p.m., Place: Community Meeting Room, Montrose Library, 320 S 2nd St. Includes: Presentations, photo sharing & critiques. All are welcome to attend.

AMERICAN LEGION POST 24 hosts Bingo every Saturday and Sunday at 7pm, at the Bingo Connection, 2075 East Main Montrose. Its open to the Public. Doors open at 5:30 p.m.. For more info call Tom at 260-8298.

DISABLED AMERICAN VETERANS meeting every 3rd Thursday at 6 p.m. at Friendship Hall in Montrose. All veterans with at least a 10 percent service connected disability are welcome. For more information call (970)964-4375.

MONTROSE TOASTMASTERS
Meetings every 1st & 3rd Wednesday of each month at 6:30 pm at Centennial Room, 431 South First in Montrose. MONTROSE HISTORICAL MUSEUM-“Montrose County Historical Society Presents” is held at 7 pm on the first Wednesday of each month in the Pioneer Room of Friendship Hall, 1001 N. 2nd St. The public is invited to free programs based on topics of regional history. For more information please call 249-2085.

MONTROSE COUNTY GOP MEETING
6:30 p.m. second Thursday of each month. MC-GOP Headquarters at 242 E. Main. Information: 970-765-7406

MONTROSE COUNTY REPUBLICAN WOMEN MEETING

MONTHLY-
Jan. 29-April 2- Mending Hearts GRIEF SUPPORT GROUP, Tuesdays, 1:30 – 3 p.m., Montrose HopeWest Office
725 South 4th Street. Mending Hearts is free of charge and open to anyone coping with the death of a loved one. Pre-registration is encouraged. For additional information or to pre-register, please call (970) 240-7734. HopeWestCO.org

Jan 31-“Buddy Mondlock :: Live at Healthy Rhythm” (Special Guest, Chris Mullen)
https://healthyrhythmartgallery.bigcartel.com/product/hrms-presents-buddy-mondlock-live-at-healthy-rhythm
On Sale Online Starting Dec. 27, 2018, at 12-01 a.m.

Feb. 2-Traditional Burns Night Scottish Dinner and Dance: Ouray Elks Lodge, open to the public. Celebrate the poet Robert Burns’ birthday with a traditional roast beef dinner, haggis, Scotch tasting, and a great Celtic band. Wear your tartan and kilts, or become Scottish for the evening and enjoy! Bar 5 p.m., dinner at 6 p.m., dance around 7:15 p.m. $35 single, $60 couple, dance only $10/$15. Advance tickets recommended, John Lorimer 303-668-4598 or jlorimer@lornet.co.

Feb. 6-At 6:30 p.m…Wednesday Montrose Library meeting rm. Citizens’ Climate Lobby meets to share Green New Deal on Energy Innovation and Carbon Dividend Act in US Congress houses. Network for nonpartisan influence on legislators to help the environment. Also report on forest health,Citizensclimatelobby.org. 240-9146.

Feb. 6-Changing the Narrative in Colorado, A three-hour workshop is being offered on Feb. 6, 2019 from 9 am to noon at the Montrose Pavilion Event Center. Attendees will have the opportunity to learn about and practice the effective strategies taught during the session. Registration for the workshop by Jan. 25, 2019 as space is limited. The link to register for the workshop is https://www.eventbrite.com/e/changing-the-narrative-about-aging-workshop-in-montrose-colorado-registration-54242655242.

Feb. 6-Colorado Parks and Wildlife invites hunters and anglers to give their ideas and opinions about wildlife issues and the new big game season structure at a meeting, 6-8:30 p.m., Feb. 6 at the Delta-Montrose Electric Association building, 11923 6300 Road in Montrose. For more information, call Joe Lewandowski at 970-375-6708; or by e-mail at jlew@state.co.us.

Feb. 7-March 28-Great Decisions, a public policy discussion group, begins at the Montrose Library on Thursday, Feb. 7. It will meet every Thursday evening from 6:30 to 8:30 through March 28 in the library meeting room. Created by the national Foreign Policy Association, this year’s topics are: Global Migration; the Middle East; Nuclear Negotiations; Nationalism in Europe; Trade with China; Cyber Conflict; the United States and Mexico; and The State of Diplomacy. Discussions are supplemented by a briefing book (available to purchase or check out from the library) and a relevant video. Participation is free and open to the public. For more information, please call the library at 249-9656.

Feb. 9-Sled dog and skijoring demo at Ridgway State Park, 11 a.m. Meet at Dallas Creek Entrance. Champion sled dog and skijoring racers Lynn Whipple and Laurie Brandt will share their passion for these sports along with their dogs! Call Visitor Center at 970-626-5822 for updates. Park pass required.

Feb. 9-Join Ouray Historian Don Paulson for a fun, informative snowshoe adventure into historic mine sites. Moderate difficulty level (elevation: 8,000-plus). Feb. 9, 9 a.m. to 2 p.m. at the Ouray Community Center, 320 6th Ave, Ouray, CO 81427 (from there we will carpool to CR 31) Registration: spaces are limited to 20. Do not delay, sign up now! We kindly request a $30 donation to support our nonprofit tour hosts, Uncompahgre Watershed Partnership and Ouray County Historical Society. Email Tanya at uwcommunications@gmail.com to get a registration link or leave a message at 970-325-3010.

Feb. 10-2 p.m. – Afternoon Salon featuring Jan Barrett and JD Martin “Heart of Harmony” concert. Advance tickets $40 at www.ocpag.org.

SCENE IN MONTROSE...

At right, Photographer Jennifer McClanahan captured this image of the moon during the recent full moon eclipse.

Indivisible of Crawford brought lunch to Montrose TSA workers last week during the partial government shutdown, including cookies. Photo by Ellie Goldstein.

Turnout was strong for the 2019 Western Colorado Food & Farm Forum. Photo by Bradley Switzer.